

## **Connect with tech products** Connection...when you need it most.

Stay connected with your friends, family and health care professionals with desktop and mobile devices.

Increase your independence at home and keep connected to what matters with your choice of tech products including mobile phones, tablets, laptops and computers to stay in touch by voice or face-to-face video and email.

- Check in with loved ones to see how everyone is doing and share your news
- Enjoy drinks and nibbles or an online bookclub afternoon with friends
- Set appointments with doctors, specialists, occupational therapists or other allied health providers from the comfort of your home



Let our caring hands help you get the right device and show you how to use it to keep you connected to what matters.

enquiries@southcare.org.au 6117 3029







## **Protect with tech products**

## Safety...when you need it most

For added peace of mind to know you are safe in and outside your home, there are a range of options, from home security to devices you can wear like a bracelet or pendant.

- Wearable devices monitor your health, wellbeing and safety, eg. fall detection, track vital signs (heart, respiratory rate, oxygen levels, sleep quality) and can be shared with your family and your health professionals
- Wearable alert pendants for personal safety, other help at the press of a button, as well as location tracking
- Security products can monitor your home inside and out



Let our caring hands help you get the right device and support you to set it up to keep you safe.

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